

Student Evaluation Form

Name: _____ Date: _____

Adults, Advanced – Promotion to 2nd Brown, 1st Brown and 1st Degree Black

Red Techniques

- ___ Shield & Sword
- ___ Sleeper
- ___ Begging Hands
- ___ Thrusting Wedge
- ___ Flashing Wings
- ___ Hugging Pendulum
- ___ Repeated Devastation
- ___ Defying the Storm
- ___ Raking Mace
- ___ Snaking Talon
- ___ Shield & Mace
- ___ Wings of Silk
- ___ Tripping Arrow
- ___ Fallen Cross
- ___ Returning the Storm
- ___ Crossed twigs

Red/Black Techniques

- ___ Flashing Mace
- ___ Gripping Talon
- ___ Dance of Death
- ___ Glancing Salute
- ___ Bow of Compulsion
- ___ Gathering Clouds
- ___ Destructive Twins
- ___ Circling the Horizon
- ___ Obscure Claws
- ___ Circling Destruction
- ___ Escape from Darkness
- ___ Encounter with Danger
- ___ Detour from Doom
- ___ Squatting Sacrifice
- ___ Escape from Death
- ___ Brushing the Storm

Red/Black Techniques

- ___ Menacing Twirl
- ___ Leap from Danger
- ___ Circles of Protection
- ___ Circle of Doom
- ___ Broken gift
- ___ Unfolding the Dark
- ___ Heavenly Ascent
- ___ Capturing the Storm
- ___ Conquering Shield
- ___ Taming the Mace
- ___ Twirling Sacrifice
- ___ Cross of Death
- ___ Securing the Storm
- ___ Intercepting the Ram
- ___ Kneel of Compulsion
- ___ Clipping the Storm
- ___ Broken Ram
- ___ Glancing Wing
- ___ Back Breaker
- ___ Crushing Hammer
- ___ Glancing Spear

Forms

Long Form 3

Staff Set

Two Man Set

Personal Form

Blocks & Parries

- Horizontal downward forearm block
- Vertical inward forearm block
- Vertical outward forearm block
- Upward parry
- Horizontal inward palm heel parry
- Horizontal outward palm heel parry
- Vertical upward palm heel parry
- Vertical downward palm heel parry
- Inward elbow block
- Outward elbow block
- Upward elbow block
- Downward elbow block
- Inside downward elbow block

Stances

- Concave stance
- Rear bow (left/right)
- Rotating twist stance (left/right)

Foot maneuvers

- Forward jump
- Reverse jump
- Forward leap
- Reverse leap
- Forward roll
- Back break fall

Hand Strikes

- Inverted vertical roundhouse punch
- Looping overhead punch
- Hooking punch
- Inside vertical forearm strike
- Outward palm heel
- Overhead palm heel
- Rear stiff arm palm heel
- Side finger thrust
- Back finger thrust (cross over shoulder)
- Back claw (cross over shoulder)
- Underhand claw
- Upward claw
- Blocking punch
- Front back knuckle (stiff arm lift)
- Obscure vertical elbow strike (front)
- Outward diagonal reverse handsword
- Underhand whip
- Back finger whip (over shoulder / below waist)
- Horizontal finger slice
- Reverse horizontal finger slice

Kicks

- Front scoop kick
- Back scoop kick
- Side chicken kick
- Front chicken kick (forward leg-rear leg)
- Front chicken kick (rear leg-forward leg)
- Front stomp kick
- Side stomp kick
- Back stomp kick
- Front cross side stomp kick
- Rear cross side stomp kick
- Front roundhouse sweep
- Reverse roundhouse sweep

Instructor: _____