

Student Evaluation Form

Date: _____

Junior, Beginners – Promotion to Yellow, Orange, & Purple Belts

Yellow Techniques

- Delayed Sword
- Sword of Destruction
- Deflecting Hammer
- Obscure Wing

Forms

- Yellow Star Block _____
- Orange Short Form One _____
- Purple Long Form One _____

Orange Techniques

- Attacking Mace
- Mace of Aggression
- Clutching Feathers
- Triggered Salute

Stances

- Attention
- Training horse
- Meditation horse
- Neutral bow (left/right)
- Forward bow (left/right)
- Reverse bow (left/right)

Hand Strikes

- Straight thrust punch
- Straight snap punch
- Vertical thrust punch
- Vertical snap punch
- Straight palm thrust
- Inward handword
- Outward handword
- Back hammerfist
- Underhand reverse hammerfist
- Straight finger thrust
- Overhead claw
- Outward whip

Purple Techniques

- Five Swords
- Striking Serpents' Head
- Grip of Death
- Buckling Branch

Foot Maneuvers

- Cover (90°/180°)
- Switch (jump/front-to-rear)
- Step-thru forward
- Step-thru reverse
- Drag-step forward
- Drag-step reverse
- Step-drag forward
- Step-drag reverse

Elbow Strikes

- Inward elbow
- Outward elbow
- Back elbow
- Obscure back elbow
- Inward overhead elbow
- Outward overhead elbow
- Upward elbow

Creeds

- First Creed
- Second Creed
- Third Creed
- Fourth Creed

Blocks & Parries

- Upward block
- Downward block
- Thrusting inward block
- Hammering inward block
- Anchoring inward block
- Vertical outward block
- Extended outward block
- Inward parry
- Outward parry

Kicks

- Front snap kick
- Front thrust kick
- Side snap kick
- Back snap kick
- Back thrust kick
- Snap roundhouse kick
- Power roundhouse kick

Instructor: _____

Basics – student should be familiar with basics for promotion to Yellow Belt, proficient for promotion to Orange Belt, and highly proficient for promotion to Purple Belt.